

BONN • 30 JUNE - 01 JULY 2018

Yoga has been practiced for thousands of years by Indian spiritual seekers and saints. There is one ancient yoga text namely, the Yoga Sūtras by Patañjali, that serves as the philosophical and contemplative basis of yoga. This text is extremely helpful for students seeking to expand their spiritual practices beyond doing yoga asanas and pranayama. It is also critical for yoga teachers to understand the vast holistic philosophy, of which yoga asanas are a part. Towards this end, Pujya Swami Dayananda Saraswati had given talks in United States. Based on this teaching, AK Aruna, a student of Swami Dayananda, published a book entitled **PATANJALI YOGA SUTRAS**, Translation and Commentary in the Light of Vedanta Scripture. The retreat would utilize the content of Swamiji's talks and the book to connect yoga back to its true beginning and purpose: the philosophy of oneness that the early seekers and saints embraced in their contemplations.

Neema Majmudar and **Surya Tahora** have studied with Swami Dayananda Saraswati, renowned scholar of Vedanta. Both have gone through intensive courses of Vedanta studying texts such as the Upanishads, Bhagavad Gita and many scriptures in great depth with the commentaries of Śankara, and the Panini system of Sanskrit grammar. They have been teaching Vedanta in India and abroad for several years. You can read more about their work on their website: <http://www.discovervedanta.com>
Neema and Surya teach in a captivating way, with story telling, traditional chanting and guided meditations.

Venue: Yoga Vidya Bonn, Bonner Talweg 87, 53113 Bonn
<https://www.yoga-vidya.de/center/bonn/start>

Timings: Saturday and Sunday: 10AM-5PM

Weekend workshop fee: 35€ per session or full weekend, five sessions 130€

Please register by following both points below:

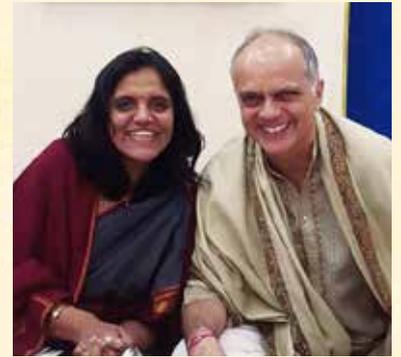
1) Transfer the workshop fee to account number by Netbank:

IBAN: DE71 2009 0500 0002 6641 27

with your name + comment "Bonn workshop".

2) Email to bonn@yoga-vidya.de with your registration request, name & phone number (so we have your email ID to contact you).

If you need an invoice/receipt, please mention this in your email along with your details (Name, address).



VEDANTA
Being alive to what is