



Living Intelligently

An Interactive workshop based on teaching of Vedanta

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Manjakkudi, Tamil Nadu, India

21-25 March 2018

In today's fast changing world, many individuals feel overwhelmed by the challenge of dealing with complexity and uncertainty. The wisdom of Vedanta can lead us to see the presence of an infallible order that connects us to everything in the universe through series of laws that are all pervasive.

The assimilation of this reality can lead to a broader perspective that can help us to deal with varied situations with greater composure, live with meaning, and discern skillfully when to intervene and to let go in an intelligent manner.

As a tribute to our teacher Swami Dayananda Saraswati, this retreat will take place in a newly inaugurated Memorial Center, at Swamiji's birth place in Manjakkudi, Tamil Nadu, South India. The village is situated on the banks of the river Cauvery between the towns of Kumbakonam and Tiruvarur, in a predominantly rural and agricultural area.

This retreat will give you a unique opportunity to be exposed to the profound teaching of Vedanta in a charming village where Swamiji's school, college and other projects are housed and have transformed the lives of thousands in the area. This region also has some of the most ancient temples.

Special Features

The workshop consists of several modules over four and half days. The sessions are interactive, engaging participants in individual reflection, group discussions and presentations. Case studies and videos are utilized. Various practices will be taught to enable assimilation of the content of the workshop, among which are morning meditations and meditative movements.

Profile of participants

Participation in this workshop is open to people of any cultural, religious or spiritual background that are interested in exploring realities and want to live with more authenticity, objectivity, enthusiasm, dynamism and compassion.



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Retreat schedule

06:30 - 07:15 Guided meditation
07:30 - 08:00 Breakfast
08:15 - 09:30 Intelligent Living 1
10:00 - 11:00 Meditative Movements
11:30 - 12:45 Intelligent Living 2
13:00 - 13:30 Lunch
13:30 - 17:00 Free time
17:00 - 18:00 Intelligent Living 3
or visits to projects and temples
19:15 - 20:00 Dinner
20:15 - 21:00 Dialogue session

Dates of arrival/departure

We suggest that the participants arrive in Manjakkudi by 20 March. The classes begin on 21 March early morning and end on 25 March lunch time. Date of departure is 25 or 26 March.

Location and accommodation

Accommodation is arranged in a beautiful guest house in Manjakuddi village itself.



Cost

The cost for this retreat consists of two elements

(1) Staying expenses at the Guest House (covering accommodation, three vegetarian meals)
Rs. 1,500 per person per day. Each participant will be provided private room with attached bathroom. Couples will be provided double room.

(2) Donation to the teachers (suggested range covering all Vedanta sessions and course material)

Indian Residents: Rs. 5,000 to Rs. 7,000 per person or above*

Overseas Residents: USD 150 to USD 200 per person or above*

*Any amount, depending upon your financial means and choice, will help us to develop further our teaching activities.

Note: These two elements do not cover flight to and out of Trichi, the nearest airport from Manjakkudi. For the transportation from Trichi airport to Manjakkudi to be organized by the guest house, please send your travel details to M R Rajagopal, rajagopal_mr@yahoo.com and Prasenjit Bhattacharjee, prasenjit.sdet@gmail.com with copy to us at discovervedanta@gmail.com. The payment of the staying expenses to the Guest House will take place at the time of your arrival and check-in.

Pre-Registration

Participants are advised to pre-register at www.discovervedanta.com/contact.htm, fill in all their details and mention the retreat name and dates in the comments field. Closing date for registration for this retreat is 5 March 2018. Seats are limited, so do not wait to register!

Payment of deposit

We kindly request you to send us a payment of deposit Rs 5,000 for residents of India or USD 100 for those living outside India. All details about payment (bank account details and Paypal link) are mentioned on our website at <http://www.discovervedanta.com/upcoming-events.htm>.

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