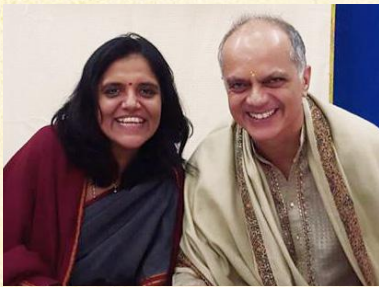


5 Day Intensive Vedanta Retreat · Werbellinsee / Berlin · 20 - 25 July 2018



Mundaka Upanishad is often quoted in the traditional commentaries because of its brilliant and comprehensive unfoldment of the teaching. It begins with a dialogue between a student, Saunaka and Angiras, a teacher, wherein Saunaka asks: 'Is there anything knowing which everything is as well known?' Teacher Angiras replies by saying yes there is one thing knowing which everything is as well known. That is the cause of this universe which includes me, and by knowing it, I can become free from every sense of limitation. The teaching of this Upanishad covers all important aspects of the teaching and helps us to understand that everything that is here is one, Brahman and I am that Brahman, the truth of everything.

Neema Majmudar and **Surya Tahora** have studied with Swami Dayananda Saraswati, renowned scholar of Vedanta. Both have gone through intensive courses of Vedanta studying texts such as the Upanishads, Bhagavad Gita and many scriptures in great depth with the commentaries of Śankara, and the Pānini system of Sanskrit grammar. They have been teaching Vedanta in India & abroad for several years. They teach in a captivating way, with story telling, traditional chanting and guided meditations.

Location and accommodation The retreat will take place in Haus Arton in Altenhof /Schorfheide at Werbellinlake. Nice appartments with lake view, Double rooms, Multi-bed rooms and the possibility to camp are available for participants. It is in a beautiful countryside with a lake in front of the house with crystal clear water and quiet nature around, which makes it an ideal location to inquire and contemplate into realities of existence.

Retreat schedule

6:30 - 7:00	Guided meditation
7:00 - 7:30	Breakfast
8:00 - 9:15	Vedanta class 1
9:30 - 10:30	Meditative movements of Tai Chi
10:30 - 11:00	Tea break
11:00 - 12:15	Vedanta class 2
12:30 - 13:00	Lunch
13:00 - 15:30	Free time
15:30 - 16:00	Tea break
16:00 - 17:15	Vedanta class 3
17.30 - 18.30	Nature walks
19:00 - 20:00	Dinner
20:15 - 21:00	Satsang



MUNDAKA UPANISHAD

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The yoga of objectivity

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Dates We suggest that the participants arrive at the venue on 19 July one day before the beginning of the intensive course. The classes start on 20 July early morning and end on 25 July after lunch. Possibility to stay until 26 July is given.

Costs of this retreat consists in **accommodation** (per person per night, Single room 65€{only a few}, Double room 45€, Multibed room 40€, attic space 15€ or tent 10€) in **food**, three vegetarian meals cooked by two wonderful cooks who will stay with us the whole time (per day 35€) and in the **donation to teachers** we suggest 250-300 € per person (covering all Vedanta sessions, course material, accommodation and travel expenses of the teachers).

Transportation Travel expenses to and out of retreat center are not included. Nearest airport is Berlin-Tegel, nearest train station is Eberswalde Hbf. A public bus drives regularly to the venue from Eberswalde. We can arrange a collecting taxi. Address of the venue: Haus Arton, Altenhof / Schorfheide, Joachimsthaler Str. 4. For more details call: Anne Löper +49-151-55661132 or +49 5542-5007008

Pre-registration & payment participants are advised to pre-register at <http://www.discovervedanta.com/contact.htm>. Fill in all your address details and mention the retreat name and dates. Closing date for registration for this retreat is 25 June 2018. The final registration & payment will take place on the first day during the orientation meeting. Please pay cash.

Payment of deposit For your pre-registration to be confirmed, we kindly request you to send us a payment of deposit USD 100 through Paypal. You can find all necessary information about payment at: <http://discovervedanta.com/upcoming-events.htm>

Cancellation We do not charge any cancellation fee since we take the pre-registration as a firm commitment. If for any unexpected reason participants are not able to attend the retreat, we would appreciate receiving their request for cancellation at discovervedanta@gmail.com before June 25 2018. It will give a chance to another person to join this retreat.

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