A beautiful teaching from exceptional teachers Neema and Surya who will visit us from India to share their extensive knowledge in Vedānta.

Kaṭha Upaṇiṣad is in the form of a dialogue between Lord of Death (Yama) and a young boy called Nachiketa. The teaching begins when a brilliant and discerning Nachiketa asks Yama: “There is doubt amongst people about what happens after death. Some say there is a self that survives the body. Some say there is no such self at all.” He then asks Lord Yama to teach him about the true nature of I. Lord Yama, first tests him to ensure that Nachiketa is a mature person who deserves this knowledge. He then unfolds to Nachiketa the true nature of I as free from limitations, not subject to birth or death. The teaching from an outstanding teacher like Yama blesses Nachiketa to gain the final freedom that all of us are searching for. We will explore this teaching through selected verses from this text.

Neema Majmudar and Surya Tahora have studied with Swami Dayananda Saraswati, renowned scholar of Vedānta. Both have gone through intensive courses of Vedānta studying texts such as the Upaṇiṣads, Bhagavad Gīta and many scriptures in great depth with the commentaries of Śankara, and the Pāṇini system of Sanskrit grammar. They have been teaching Vedānta in India and abroad for several years. You can read more about their work on their website:

Discover Vedanta, Being Alive to What is
The Yoga of Objectivity
https://discovervedanta.com

Neema and Surya teach in a captivating way, with story telling, traditional chanting and guided meditations.

Weekend workshop fee:
£150 for the full week end from Friday 26th to Sunday 28th June 2020
£20 to book your place, balance at venue

Venue:
Holistic Ananda Yoga Center, 46 Albert Road North, Reigate, Surrey, RH2 9EL

Timings:
10AM-5PM
Friday 26th, Saturday 27th, Sunday 28th June 2020

To ask for more details and register:

1) Email to info@yogaananda.co.uk with your registration request, name & phone number (so we have your details to contact you).

2) Phone: 01737 222 400 / 079 4288 9919