

# 'Solution to lasting happiness lies in living with conscience'



Neema Majmudar delivering the second lecture in Mantras lecture series. (Pic by Satish Raut)

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## ■ Staff Reporter

THE solution to conscious living we are searching lies in conscious living. One should be a participant in following universal *Dharma Swakarma*, that will make life express fully, resulting in happiness" exhorted Neema Majmudar, an authority on Vedanta, writer and disciple of Swami Dayanand Saraswati, while delivering the second lecture in the three part series titled "Mantras", organised under the aegis of Saptak Nagpur and Kale Foundation Trust at the Scientific Society hall on Saturday. This is the third successful year of the highly absorbing series being organised.

Majmudar beautifully unfolded the topic "Solution to lasting happiness we are searching for" with easy to

understand and follow oratory that got latched on to the listeners right from the word go. She stated that one has to initiate, pursuit by improving and understanding of the role one has to play. Life is not to judge by what we see, but how much one has grown and able to contribute.

Majmudar went on to add "Vedas say this is the precondition for one to recognise the reality of one self. Maturity will make one understand who he or she is. Vedas also speak on Values such as Saryam, Gyanam and Ananam which pervades every where. Life becomes cheerful bringing happiness" she added.

Majmudar began by speaking on how Vedas look at Pursuits like personal Security, Kama, Artha that are not capable of giving lasting happiness. Things like seeking promotion in one's profession also gives temporary happiness. She observed that there is no object that has the attribute of happiness.

Majmudar added that Happiness cannot be provided by the object of pursuit nor can it be within people. According to Vedas, the seeker and sought become one when a person gets something. Pursuit should be to know the nature on oneself. Solution

lies in not looking inside but discovering one's true nature". She elaborated on Samanya dharma that has universal ethical values and Swadharna, that speaks of ones duty and ones role in scheme of things, which is extensively mentioned in Vedas and Gita. Values are difficult to follow due to lack of reflection, as we fail to realise the enormity of loss when we go against them. It lowers out self esteem and makes one feel suspicious of the other." She averred. She narrated an interesting story of Leo Tolstoy to show as to how many lives get affected when one hurts another. She urged people to avoid operating in rigid framework that is Samanya Dharma.

She spoke of Vedas that teach how to deal with helplessness by saying a prayer. "It is the highest expression of Human free will as defined by Swami Dayanand Saraswati" Ones understanding has to evolve that prayer always works, she asserted. Majmudar spoke on known and unknown Variables and how positive affirmation like prayer works. Earlier, Deepali Kale welcomed the gathering at Scientific Society hall. Vilas Kale conducted the proceedings. Dr Manmohan Daga welcomed Neema Majmudar with a floral bouquet. Rahul Kale introduced the speaker, while Dr Uday Gupte of Saptak Nagpur proposed the vote of thanks.

## Concluding talk today

CONCLUDING talk by Vishwas Ramchandra Lapalkar on the topic "Successfully meet the challenges in your career and life with powerful thoughts of Swami Vivekananda" will be held at Scientific Society hall at 6.30pm.