

SPIRITUAL GETAWAY

at



AHILYA
FORT



DISCOVER VEDANTA
YOGA WITH OBJECTIVITY



NEEMA MAJMUDAR



27TH MARCH - 30TH MARCH, 2025

ABOUT THE RETREAT



The focus will be on the teachings of Chapter XIII
from the Bhagavad Gita, covering

VALUE
OF
VALUES



FREEDOM
IN
RELATIONSHIPS



VALUE OF VALUES

The values discussed are based on the Bhagavad Gita, Chapter 13. Lord Krishna reveals to Arjuna very profound and intricate personal qualities that one has to acquire to become eligible for spiritual knowledge. Understanding and assimilating these values does not only help a spiritual seeker, but anyone who wants to live their life with cheerfulness, enthusiasm, responsibility and freedom.



FREEDOM IN RELATIONSHIPS

As human beings, we can't avoid relating to the world and people around us. Ironically, people we love the most are at times the source of our stress, worry, anxiety and concern. In this retreat, Neema will discuss

WHAT ARE THE IMPORTANT QUALITIES THAT WE CAN DEVELOP TO RELATE TO A DIVERSE GROUP OF PEOPLE INCLUDING OUR LOVED ONES?

HOW CAN WE MORE EASILY ACCEPT OTHERS' STRENGTHS AS WELL AS LIMITATIONS?

WHAT ARE THE WAYS TO FIND LOVE, COMPASSION, AND UNDERSTANDING THAT LEADS TO HEALTHY RELATIONSHIPS?





Neema, a former United Nations professional with 17 years of experience in New York, Bangkok, and Fiji, now teaches traditional Advaita Vedanta (non-duality) in the lineage of Adi Shankaracharya and Swami Dayananda Saraswati. Combining spiritual wisdom with real-life engagement, she bridges ancient teachings with modern dilemmas. For over 20 years, Neema has conducted classes, seminars, and retreats across Europe, Asia, and India. Based in Mumbai, she transitioned her teaching online during the 2020 pandemic, fostering a global community of dedicated students. Her sessions are known for their clarity, depth, and warmth.



AHILYA FORT, MAHESHWAR

Ahilya Fort, home to an authentic heritage experience.



Ahilya Fort, in the central Indian town of Maheshwar, sits high above the sacred river Narmada. Maharani Ahilyabai Holkar ruled here from 1765 to 1796 and built Ahilya Wada, her personal residences, offices, and darbaar audience hall, within the fort.

In the year 2000, Prince Richard Holkar, her descendant and son of the last Maharaja of Indore, converted his home in Ahilya Wada into a guest residence, today known around the world as the Ahilya Fort Hotel.



ITINERARY

27TH MARCH, 2025

Arrival and Check-in with Meet & Greet

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2025

TIMING	ACTIVITY
6:00 AM	Meditation
9:00 AM - 10:30 AM	Class on Value of Values 1
11:30 AM - 12:30 PM	Class on Value of Values 2
12:30 PM - 3:30 PM	Lunch Break
3:30 PM - 4:15 PM	Taichi Session
4:30 PM - 5:15 PM	Vedic Chants
5:30 PM - 6:30 PM	Freedom in Relationships
7:00 PM	Dinner + Aarti
Post-Dinner	Q&A Session



PACKAGES

ACCOMMODATION

4-NIGHT STAY

Single occupancy ₹60,000 - ₹1,00,000

Double occupancy ₹80,000 - ₹1,20,000

Teachers Fee ₹15,000 per person

Excluding 18% GST

INCLUSIONS

- Accommodations along with all meals i.e. breakfast, lunch & dinner
- All vegetarian meals (no excessive garlic or onion, no mushrooms)
- Tea/Coffee and refreshments
- Sunset Boat ride weather permitting
- Music performance on one evening

EXCLUSIONS

- Airfare
- Neema Majmudar Fees will be ₹15,000 per person
- Car transfer to and from the airport
- Additional day (March 31) for Ujjain visit
- Barring the meals mentioned in the inclusions
- Services under Body & Soul like massages
- VIP Darshan at Omkareshwar Temple
- Other experiences within and outside the property







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