

शान्तिमन्त्रः

Śāntimantrāḥ

(१) ॐ शं नो॑ मि॒त्रः शं वरु॑णः । शं नो॑ भव॒त्व॒र्य॒मा । शं न॑ इन्द्रो बृ॒हस्प॑तिः । शं नो॑
विष्णु॑रुरु॒क्रमः । नमो॑ ब्रह्म॒णे । नमस्ते॑ वा॒यो । त्वमे॒व प्र॒त्यक्षं॑ ब्रह्मा॒सि । त्वामे॒व प्र॒त्यक्षं॑ ब्रह्म
वदि॑ष्यामि । ऋ॒तं वदि॑ष्यामि । स॒त्यं वदि॑ष्यामि । तन्मा॒मवतु॑ । तद्व॒क्तार॑मवतु । अव॒तु मा॒म् ।
अव॒तु व॒क्तार॑म् ॥ ॐ शान्तिः॑ शान्तिः॑ शान्तिः॑ ॥

Om śaṁ no॑ mi॒traḥ śaṁ varu॑ṇaḥ । śaṁ no॑ bhav॒atvārya॒mā । śaṁ na॑ indro
br̥haspa॑tiḥ । saṁ no॑ viṣṇu॑ruru॒kramaḥ । namo॑ brahma॒ṇe । namaste॑ vā॒yo । tvame॒va prā॒tyakṣaṁ॑ brahma॒si । tvāme॒va prā॒tyakṣaṁ॑ brahma॒ vadi॑ṣyāmi ।
ṛtaṁ vadi॑ṣyāmi । sa॒tyaṁ vadi॑ṣyāmi । tanmā॒mavatu॑ । tadvā॒ktāra॑mavatu । avā॒tu mā॒m । avā॒tu vā॒ktāra॑m ॥ om śāntiḥ॑ śāntiḥ॑ śāntiḥ॑ ॥

May the sun deity give us auspiciousness. May the ocean deity give us auspiciousness. May the lord of manes give us auspiciousness. May the ruler of *devatās* and the preceptor of *devatās* give us auspiciousness. May the all-pervasive sustainer of creation, Lord *Vāmana*, give us auspiciousness. Salutations to the creator. Salutations to you, O deity of wind! You indeed are the perceptible truth. I understand you to be the perceptible truth. I declare you to be the right understanding. I understand you to be the truthfulness in speech. May the truth protect me. May the truth protect the teacher. May the truth protect me. May the truth protect the teacher. *Om* peace, peace, peace.

(२) ॐ सह॑ ना॒ववतु॑ सह॑ नौ॑ भुन॒क्तु सह॑ वी॒र्य॑ङ्करवा॒वहै॑ ।
तेज॑स्वि ना॒वधी॑तमस्तु॒ मा वि॒द्विषा॑वहै॑ ।
ॐ शान्तिः॑ शान्तिः॑ शान्तिः॑ ॥

Om sa॒ha nā॒vavatu॑ sa॒ha nau॑ bhun॒aktu sa॒ha vī॒ryaṁ॑ karavā॒vahaḥ॑ ।
teja॑svi nā॒vadhī॑tamastu॒ mā vi॒dviṣā॑vahaḥ । om śāntiḥ॑ śāntiḥ॑ śāntiḥ॑ ॥

May the Lord indeed, protect both of us. May he indeed, nourish both of us. May we together acquire the capacity (to study and understand the scriptures). May our study be brilliant. May we not disagree with each other. *Om* peace, peace, peace.

(३) ॐ यश्छन्दसामृषभो विश्वरूपः । छन्दोभ्योऽध्यमृतात् सम्बभूव । स मेन्द्रो मेधया
स्पृणोतु । अमृतस्य देव धारणो भूयासम् । शरीरं मे विचर्षणम् । जिह्वा मे मधुमत्तमा ।
कर्णाभ्यां भूरि विश्रुवम् । ब्रह्मणः कोशोऽसि मेधया पिहितः । श्रुतं मे गोपाय । ॐ शान्तिः
शान्तिः शान्तिः ॥

Om yaśchandasāmṛṣabho viśvarūpaḥ । chandobhyo'dhyamṛtāt sambabhūva ।
sa mendro medhayā sprṇotu । amṛtasya deva dhāraṇo bhūyāsam । śarīraṁ
me vicarṣaṇam । jīhvā me madhumattamā । karṇā bhyāṁ bhūri viśruvam ।
brahmaṇaḥ kośo 'si medhayā pihitaḥ । śrutaṁ me gopāya । om śāntiḥ śāntiḥ
śāntiḥ ॥

That *Om̐kāra* which manifested from the eternal *Vedas* is the greatest among the Vedic *mantras* and is endowed with all forms. Let that Lord (*Om*) strengthen me with intelligence. O Lord, let me become the upholder of that knowledge which is eternal. May my physical body become fit for the pursuit of knowledge. Let my tongue be one that speaks pleasing words. May my ears listen to the scriptures more and more. You are the abode of *Brahman*, veiled by the knowledge of objects. May you protect my knowledge. *Om* peace, peace, peace.

(४) ॐ अहं वृक्षस्य रेरिवा । कीर्तिः पृष्ठं गिरेरिव । ऊर्ध्वपवित्रो वाजिनीव स्वमृतमस्मि ।
द्रविणं सवर्चसम् । सुमेधा अमृतोऽक्षितः । इति त्रिशङ्कोर्वेदानुवचनम् । ॐ शान्तिः शान्तिः
शान्तिः ॥

Om ahaṁ vṛkṣasya rerivā । kīrtiḥ pṛṣṭhaṁ gireriva । ūrdhvapavitro vājiniḥ
svamṛtamasmi । draviṇaṁ savarcasam । sumedhā amṛto'kṣitaḥ । iti
triśaṅkorvedānuvacanam । om śāntiḥ śāntiḥ śāntiḥ ॥

After gaining self-knowledge Sage *Triśaṅku* declared: “I am the sustainer of the tree of *saṃsāra*. My fame is like the peak of a mountain. I am absolutely pure. I am in the form of pure awareness which is the same as that which obtains in the sun. I am in the form of shining knowledge which is like wealth. I am endowed with the most auspicious knowledge. I am free from death and decay”. *Om* peace, peace, peace.

(५) ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ।

ॐ शान्तिः शान्तिः शान्तिः ॥

Om pūrṇamadaḥ pūrṇamidaṃ pūrṇāt pūrṇamudacyate ।

pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate । om śāntiḥ śāntiḥ śāntiḥ ॥

That is fullness, this is fullness. From that fullness this fullness came. From that fullness this fullness removed, what remains is fullness. *Om* peace, peace, peace.

(६) ॐ आप्यायन्तु ममाङ्गानि वाक्प्राणश्चक्षुः श्रोत्रमथो बलमिन्द्रियाणि च सर्वाणि । सर्वं

ब्रह्मैपनिषदम् । माहं ब्रह्म निराकुर्याम् । मा मा ब्रह्म निराकरोत् ।

अनिराकरणमस्त्वनिराकरणं मे अस्तु । तदात्मनि निरते य उपनिषत्सु धर्मास्ते मयि सन्तु ।

ते मयि सन्तु । ॐ शान्तिः शान्तिः शान्तिः ॥

Om āpyāyantu mamāṅgāni vākprāṇaścakṣuḥ śrotramatho balamindriyāṇi ca sarvāṇi । sarvaṃ brahmaupaniṣadam । māhaṃ brahma nirākuryām । mā mā brahma nirākarot । anirākaraṇamastvanirākaraṇaṃ me astu । tadātmani nirate ya upaniṣatsu dharmāste mayi śantu । te mayi śantu ।

om śāntiḥ śāntiḥ śāntiḥ ॥

Let all my limbs including speech, vital air, eyes, ears and the other sense organs and my capacity grow in their power. Everything is that *Brahman*, unfolded in the *Upaniṣads*. May I not reject *Brahman* (for lack of *śraddhā*). May not *Brahman*, the Lord, reject me. May there be non-rejection of the Lord by me. May there be non-

rejection of the Lord for me. In me who is committed to the pursuit of knowledge of *Brahman*, let there be all those qualities which are mentioned as qualifications in the *Upaniṣads*. Let those qualities be in me. *Om* peace, peace, peace.

(७) ॐ वाङ्मे मनसि प्रतिष्ठिता । मनो मे वाचि प्रतिष्ठितम् । आविरावीर्म एधि । वेदस्य म
आणीस्थः । श्रुतं मे मा प्रहासीः । अनेनाधीतेन । अहोरात्रान् सन्दधामि । ऋतं वदिष्यामि ।
सत्यं वदिष्यामि । तन्मामवतु । तद्वक्तारमवतु । अवतु माम् । अवतु वक्तारमवतु वक्तारम् ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om vāṅme manasi pratiṣṭhitā | mano me vāci pratiṣṭhitam | āvirāvīrmā edhi
| vedasya mā āṇīsthaḥ | śrutaṁ me mā prahāsīḥ | anenādhītena | ahorātrān
sandadhāmi | ṛtaṁ vadiṣyāmi | satyaṁ vadiṣyāmi | tanmā mavatu |
tadvaktāramavatu | avātu mām | avātu vaktāramavatu vaktāram || om
śāntiḥ śāntiḥ śāntiḥ ||

May my speech be in accord with my mind. Let my mind be in accord with my speech. O self shining *Brahman*! may you reveal yourself to me. Let the mind and speech enable me to grasp the truth revealed in the *Vedas*. May not my learning forsake me. May I contemplate upon this truth day and night. I think of the truth in mind and I speak of the same. May that *Brahman* protect me. May it protect the teacher. May the *Brahman* protect me. May it protect the teacher. *Om* peace, peace, peace.

(८) ॐ भद्रं नो अपिवातय मनः । ॐ शान्तिः शान्तिः शान्तिः ॥

Om bhadraṁ no apivātaya manaḥ | om śāntiḥ śāntiḥ śāntiḥ ||

O mind! May you make freedom available for us. *Om* peace, peace, peace.

(९) ॐ भद्रं कर्णेभिः शृणुयाम देवाः । भद्रं पश्येमाक्षभिर्यजत्राः ।

स्थिरैरङ्गैस्तुष्टुवाग्ँसस्तनूभिः । व्यशेम देवहितं यदायुः । स्वस्ति न इन्द्रो वृद्धश्रवाः ।
 स्वस्ति नः पूषा विश्ववेदाः । स्वस्ति नस्तार्क्ष्यो अरिष्टनेमिः । स्वस्ति नो बृहस्पतिर्दधातु ॥
 ॐ शान्तिः शान्तिः शान्तिः

Om bhādraṁ karṇebhiḥ śṛṇuyāma devāḥ । bhādraṁ paśyemākṣabhīryajatrāḥ
 । sthirairāṅgaistuṣṭuvāg m̐ sāstanūbhiḥ । vyaśema devahitaṁ yadāyuh । svasti
 na indro vṛddhaśravāḥ । svasti naḥ pūṣā viśvavedāḥ । svasti nāstārksyo
 ariṣṭanemiḥ । svasti no bṛhaspatirdadhātu ॥ om śāntiḥ śāntiḥ śāntiḥ ॥

O Gods! may we listen to what is meaningful with our ears. May we see with our eyes things that are free from blemish. Glorifying you with Vedic *mantras*, with strong limbs, may we enjoy our full lives. May *Indra* of great fame bless us with auspiciousness. May the omniscient sun deity bless us with auspiciousness. May *Garuda* of unobstructed flight bless us with auspiciousness. May *Brhaspati* of great intelligence bless us with auspiciousness. *Om* peace, peace, peace.

(१०) ॐ यो ब्रह्माणं विदधाति पूर्वं यो वै वेदांश्च प्रहिणोति तस्मै । तग्ँ ह देवमात्मबुद्धिप्रकाशं
 मुमुक्षुर्वै शरणमहं प्रपद्ये । ॐ शान्तिः शान्तिः शान्तिः

Om yo brahmāṇaṁ vidadhāti pūrvam yo vai vedāṁśca prahiṇōti tasmai ।
 tagm̐ ha devamātmabuddhiprakāśaṁ mumukṣurvai śaraṇamaham̐ prapadye
 । om śāntiḥ śāntiḥ śāntiḥ ॥

I, a seeker of freedom, seek refuge in that Lord who reveals self-knowledge, who created *Brahmā* in the beginning of creation and who indeed taught him the *Vedas*. *Om* peace, peace, peace.